



photo: Sarah F. Henderson

Are you concerned about the possible health effects of pesticides and household cleaners?

Do you ever wonder where all the stuff you consume goes?

Do you wish you could do something to improve Denver's environment?

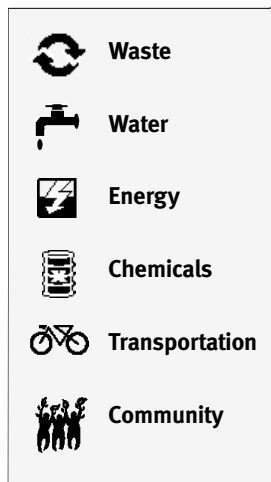
Whether you are a first time recycler, a dedicated environmentalist, or a newcomer to the area, this program has something to offer you!

### **Our Mission**

The Green Team Project (GTP), founded in 1996, is a non-profit project of the Tides Center. Our mission is to help individuals lower their environmental impact and save money through their everyday practices. We help residents reduce their consumption and save natural resources. The GTP encourages environmental stewardship and community building through individual and commercial responsibility, teamwork, consumer action and resource efficiency.

### **What is A Green Team?**

Green Teams are small groups of 6 to 8 people who meet every other week for 7 meetings to support and encourage each other to change their consumption habits and adopt more environmentally responsible lifestyle practices. The most powerful aspect of this unique program is the motivation and shared experiences that a group provides, which enables participants to move from good intentions to action. At each meeting, the team focuses on one of the following six chapters in the *Green Action Guide: Steps to sustainable live in the Denver area* workbook.



### **Who We Serve**

The GTP works with neighbors, co-workers, students, and religious, private, civic and environmental groups to recruit and support teams and to train their leaders to continue the program within their own groups. We also work with city and county governments across the country to adapt the program for their communities.

### **How It Works**

Each chapter starts with an assessment of your present practices, then offers simple action steps to reduce your consumption. For example, an action in the Waste Chapter entitled "Eliminate Your Junk Mail," includes the necessary information to do so. Accompanying resources online provide valuable additional local resources to reach your goals. Team members each choose the steps that are most appropriate for their household.

At the completion of the team, members summarize their actions from each chapter. The Green Team staff then enters this data into its calculations database and prints out results forms for each team member and for the team as a whole. These forms let you know exactly how much you have accomplished and saved in resources and money.

### **What To Expect**

Based upon past results, you can expect to save between 10-30% in each resource area. More specifically, you can hope to:

- Save between \$60 and \$500 a year;
- Cut junk mail by up to 75%;
- Reduce garbage by 30 to 50%;
- Substitute 15% of your toxic household chemicals with non-toxic products;
- Reduce your energy bill by 25%;
- Save on water use by 30%; and
- Cut fuel use by 10% and eliminate 1 ton of air pollution per year.

This is an excellent opportunity to make new friends, learn about sustainability in your region, take community action and serve as a role model for others !

## How To Get Involved?

To join or form a team, or to attend an introductory gathering, please contact us at: 720-488-7779 or [denvergreenteamproject@msn.com](mailto:denvergreenteamproject@msn.com)

- Yes, I would like to join/form a Green Team.  
Best days/times for me are: \_\_\_\_\_
- Yes, I would like to learn more about the GTP.

Name \_\_\_\_\_  
Org./Business \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Note(s) \_\_\_\_\_

## Support the Green Team Project

I would like to help the Green Team Project in its effort to assist Denver area residents promote environmental stewardship and live more environmentally responsible lifestyles..

- \$25 Cyclist  
 \$50 Composter  
 \$100 Waste Buster  
 \$250 Sustainer  
 \$500 Conservationist  
 other \$\_\_\_\_\_ (donate the \$ you saved during the program)

Please make your check payable to The Tides Center/Green Team Project. All contributions are tax-deductible.

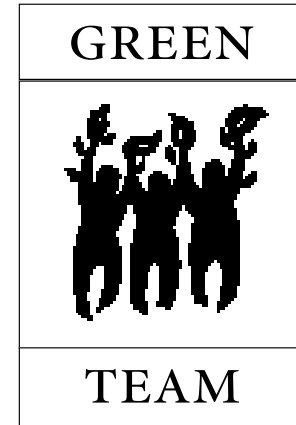
Thank you for helping to improve  
Colorado's environment!

The program fee of \$25 covers the *Green Action Guide* workbook, support of a trained coach, and individual and team results forms that measure how much you and your team accomplished.

A reduced fee or scholarship is available upon request and need.

Denver Green Team Project  
Residential Program  
8601 E. Jamison Avenue  
Centennial, CO 80112

Join a . . .



**Save precious natural  
resources, money, and meet  
new people  
while building a  
sustainable community in  
the greater Denver area**

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Residential Program  
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